

REDUCING STRESS FROM WORK = CUSTOMIZED APPROACH

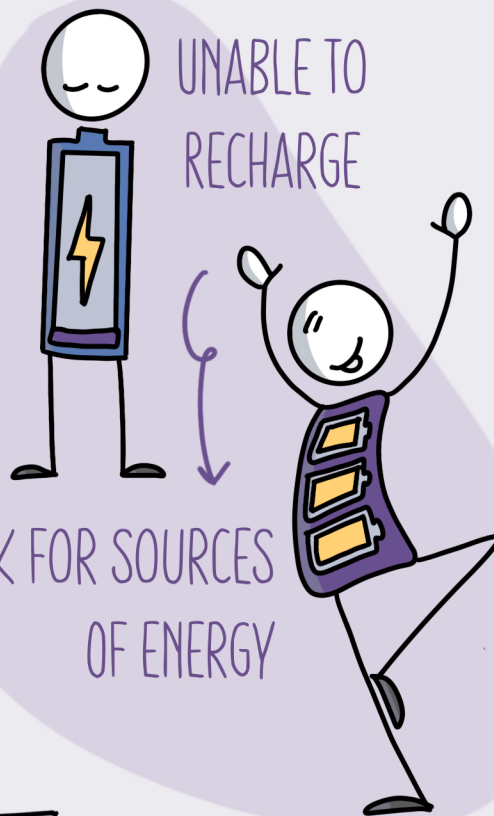
TOO MUCH WORK



MORE TIME/
FEWER TASKS

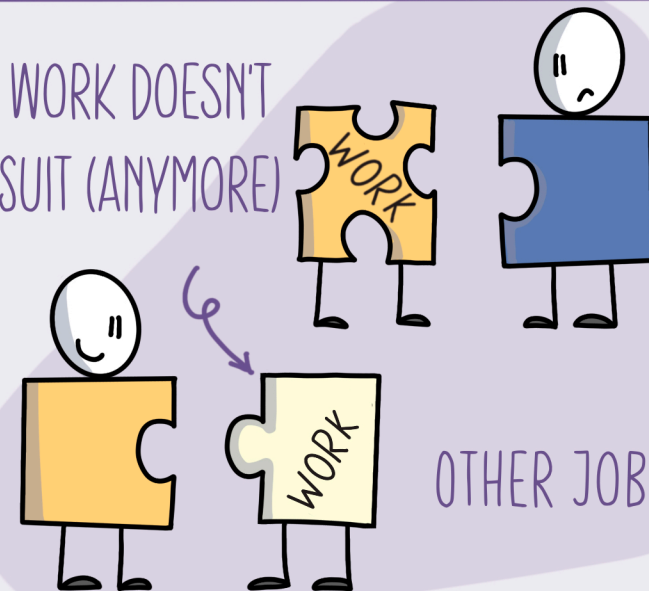


UNABLE TO
RECHARGE

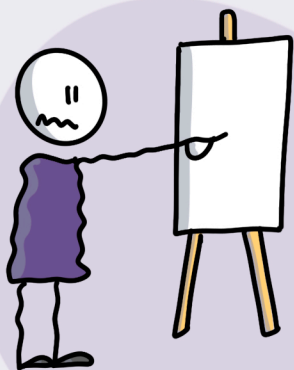


LOOK FOR SOURCES
OF ENERGY

WORK DOESN'T
SUIT (ANYMORE)



TOO LITTLE SUPPORT



INCREASE TEAM SPIRIT

PROBLEMS AT HOME



LEAVE/
FLEXIBLE WORKING

