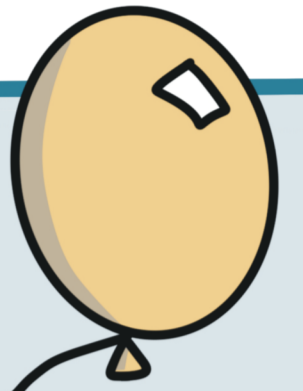
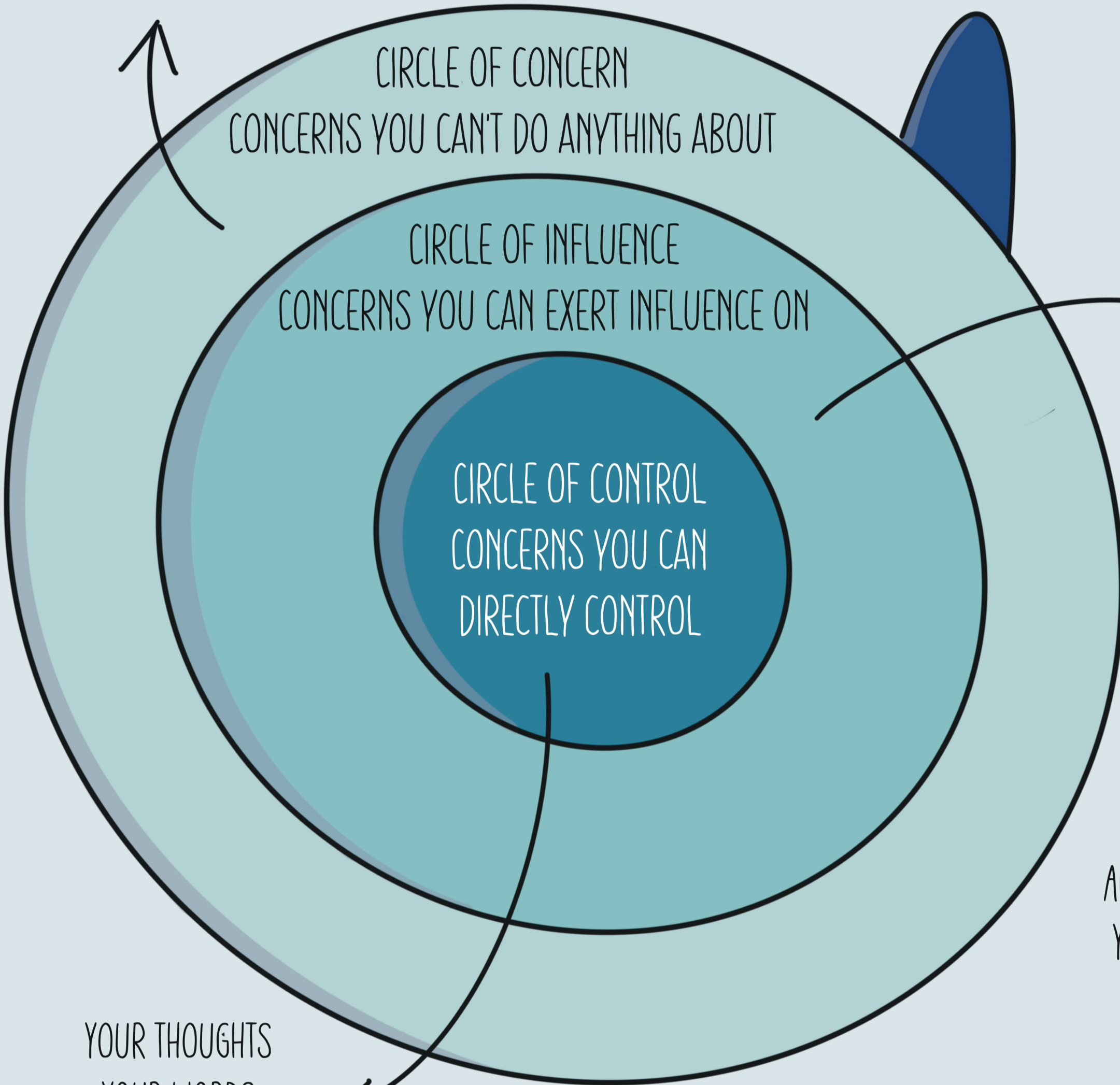


# CIRCLE OF CONCERN, INFLUENCE & CONTROL



THE WEATHER  
GOVERNMENT POLICY  
THE ECONOMY  
THE PAST  
DEATH  
THE MEDIA  
BEING MADE REDUNDANT

LET GO OF THE THINGS YOU CAN'T  
CONTROL OR INFLUENCE



YOUR HEALTH  
WHO YOU VOTE FOR  
YOUR RELATIONSHIPS  
YOUR COMMITMENTS  
OTHER PEOPLE'S THOUGHTS  
OTHER PEOPLE'S ACTIONS  
WHERE YOU WORK  
ACHIEVING YOUR CAREERGOALS  
YOUR PRODUCTIVITY AT WORK  
ET CETERA

YOUR THOUGHTS  
YOUR WORDS  
YOUR ACTIONS & REACTIONS  
YOUR BEHAVIOUR  
YOUR DECISIONS & CHOICES  
YOUR ATTITUDE & MINDSET  
YOUR WORK ETHIC  
YOUR MOODFOOD YOU EAT  
HOW MUCH YOU SLEEP  
ET CETERA

FOCUS ON THE THINGS YOU CAN  
CONTROL AND INFLUENCE  
TO MAKE A POSITIVE  
DIFFERENCE

